

Instruksi Pemeliharaan Veneer/Crown/Bridge Sementara
(After Care Instructions for Temporary Veneer/Crown/Bridge)

Instruksi Setelah Pemasangan Temporary Crown / Veneer

Post Temporary Crown / Veneer Instructions

1. Tidak boleh makan sebelum 1 jam sejak pemasangan.
Avoid chewing for at least an hour after placement.
2. Harap berhati-hati saat mengunyah hindari makanan yang keras atau lengket (kacang, permen karet, dodol).
Chew with care and avoid eating hard or sticky foods (peanuts, chewing gums, hard crackers, candy).
3. Hindari makanan atau minuman berwarna kuat (kari, red wine, kunyit).
Avoid strong coloured foods or drinks (curry, red wine, turmeric).
4. Sikat gigi sewajarnya tetapi berhati-hati saat flossing. Saat menggunakan benang floss, keluarkan benang dengan menarik ke samping, bukan dari arah masuk.
Brush as usual, but floss with care. When flossing, remove floss from the side of the tooth not towards the biting surface.
5. Gunakan pasta gigi sensitif jika gigi terasa sensitif terhadap suhu dan tekanan. Mohon hubungi Escalade jika sensitivitas meningkat atau bertahan selama beberapa hari.
Use a sensitive toothpaste if teeth are sensitive to heat, cold, or pressure. Contact our office if sensitivity increases or persists beyond a few days.
6. Jika temporary veneer/crown/bridge pecah atau lepas, mohon segera menghubungi Escalade untuk dilakukan perbaikan.
If the temporary crown breaks or dislodges, please call the office and we will schedule a short appointment for a remake or recementation.
7. Apabila temporary crown/bridge lepas dalam keadaan utuh dan anda berhalangan datang ke klinik, anda dapat mencoba merekatkan sementara menggunakan pasta gigi atau krim

perekat gigi tiruan (tersedia di apotek) sampai dapat kembali ke klinik.

If the temporary crown is intact but has dislodged and you are unable to come to the office, use toothpaste or denture adhesive (over the counter) to re-cement the temporary crown until you can contact us.

8. Seandainya anda mengalami peradangan gusi, boleh berkumur dengan air garam hangat 2–3 kali sehari (½ sendok teh garam dalam 1 gelas air hangat).

If your gums are sore, rinse your mouth 2–3 times a day with warm saltwater (½ teaspoon of salt in 1 cup warm water).

9. Jika anda diberikan Oxyfresh / Aloclair, mohon digunakan sesuai anjuran.

If you are prescribed Oxyfresh / Aloclair, use as directed.

Bila ada pertanyaan silahkan menghubungi nomor dibawah ini

Please contact the following number if there are any questions

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